23 Reasons to Call Claremont EAP

800-834-3773

Claremont EAP
claremonteap.com

1. It's **FREE**! No money comes out of your paycheck.

2. It's confidential - no one will know that you called Claremont unless you tell them.

3. Accessing Claremont is **EASY**: no forms, no co-pays, no deductibles. Just one toll free number.

4. Be proactive about your life!

5. You get free counseling sessions with a licensed clinician in private practice.

6. Counseling can be for individuals, couples and families.

7. **FREE** legal consultations!

8. You can do a Simple Will for **FREE**.

9. **FREE** financial consultations!

10. Concerned about your credit report information or score? Schedule a consultation to resolve any issues.

11. Get your life organized!

12. Looking for child care services? Claremont will generate a customized report for you, with a listing of appropriate services and other helpful written information.

13. Same with elder care services - Claremont provides nationwide referrals and customized reports.

14. Need help choosing a public or private school for your child? Claremont can help you do the research.

15. Feel overwhelmed by the college search process? Claremont can help you research undergraduate and graduate programs, including financial aid.

16. Claremont provides nationwide referrals for adoption attorneys, agencies, infertility specialists, and support groups.

17. Do you care for a pet? Claremont offers referrals for pet services such as vets, groomers, boarders, animal hospitals and pet sitters.

18. Looking for a low or no cost community resource? Claremont provides referrals to 12-step meetings, inpatient and outpatient treatment facilities, and more. Just call.

19. Be prepared for whatever comes up.

20. Manage your stress -at work and at home.

21. All benefited employees and their family members in the immediate household are eligible.

22. Video Counseling. See and speak with a counselor from the privacy of your home.

23. It's **FREE** and **CONFIDENTIAL** - why not call?