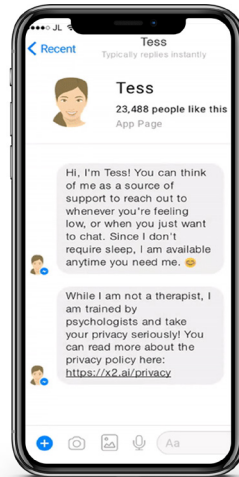




## Who is Tess?



Tess is a chatbot that provides emotional support and check-ins to boost your wellness. Tess is available 24/7 to talk at your convenience whenever and wherever you need.

Text "Hi" to Tess and enter "Claremont" as your company name to get started:

**650-825-9634**



Chat with Tess for unbiased emotional support in the moment you need it most.



Build resilience and self-awareness by practicing coping skills at your convenience.



Tess follows up with reminders and check-ins to reinforce use of skills learned in previous conversations.



The more you chat with Tess, the more she will get to know your needs and preferences in order to deliver personalized support.



Tess provides resources relevant to your needs.

### How Will Tess Support Me?

- Tess is available to connect via text messaging whenever and wherever you need. Available 24/7, Tess is able to support you in the moment you need it most to boost emotional wellness.
- Tess is trained to deliver emotional support that aligns with recommendations from mental health experts. While Tess is not a therapist, she is trained by industry leaders to ensure your interactions are high quality.
- Tess listens carefully and sends reminders to reinforce skills learned in previous discussions. These check-ins can be completed at your leisure to foster resilience and boost your emotional wellness.
- Tess is available at your convenience to deliver secure emotional support.

**claremonteap.com**  
**800.834.3773**

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